



## **INTERESTED IN BECOMING A PEER SUPPORT?**

P2P (Parent to Parent) is a peer support program for parents who have a child with special needs to be put in touch with another parent who also has a child with special needs.

Parents have so much knowledge, skill and experience and you may consider using these skills to support other parents. If this sounds like you why not consider undertaking training to become a Peer Support volunteer.

Peer Supports are required to complete a series of six training sessions of 2 – 2 1/2 hours duration on topics including effective communication, group facilitation, confidentiality, grief and loss and resource sharing.

Parents who have completed the training in the past have reported how much they enjoyed and personally benefitted from being involved. During your journey as a parent you may benefit from talking to another parent in a similar situation to share information and make a connection.

Training will be run on Thursday evenings from Thursday 14 May through to Thursday 18 June 7.00pm - 9.00pm. Attendance at all workshops is recommended. The training will be held at MOIRA 928 Nepean Highway Hampton East.

Contact between the Peer Support and the parent recipient is facilitated and supported by the MOIRA Parent Support Officer.

Parents interested in applying for the training program, please contact the Parent Support Officer on 8552 2222 or via email at [communitysupport@moira.org.au](mailto:communitysupport@moira.org.au)